



**ST.LAWRENCE 'RAPIDS' SPEED SKATING CLUB
2012/2013 REGISTRATION**

Welcome to the 2012/2013 Season!

Regular Season Program:

All sessions for all groups will begin on **Sunday, September 9th**. This earlier start will provide training for those skaters preparing for the first East Regional meet on Saturday, October 13 & Sunday, October 14, hosted by the Ottawa Pacers. Skating sessions will take place on Tuesdays, Wednesdays, and Sundays at the Brockville Memorial Centre. The change to Sunday evenings instead of Saturday mornings was made with the intent that skaters will no longer lose ice time due to the numerous Saturday cancelations for hockey tournaments. This eliminates the need for make up sessions due to lost Saturday practices.

Coaches:

Our coaches for this season are Jennifer Roney, Gerald Ouimette, John Ambrose, Kim Schonewille, and Marc Besner.

Skating Schedule:

Tuesday

6-7 pm	Youth 1
7-8 pm	Youth 2/Competitive

Wednesday (Sept-Dec)

4:30-5:30 pm	Youth 2/Masters
5:30-6:30 pm	Competitive

Wednesday (Jan-Mar)

4:30-5:30 pm	Competitive
5:30-6:30 pm	Youth 2/Masters

Sunday

6:30-7:45 pm	Youth 1/Youth 2
7:45-9:00 pm	Competitive/Masters

SLSSC Demonstration and Community Free Skate Trial Day:

On Sunday, September 30th from 6-8:30 pm, in conjunction with National Sports Day, the St. Lawrence Rapids are hosting a free speed skating trial followed by a speed skating demonstration. Regular practice sessions will take place from 7-8 pm for Youth 1 and 2, and 8-9 pm for Masters/Competitive on that day to accommodate the trial skate. Club members are encouraged to invite friends, family and neighbours to come out for this event in celebration of community recreational sports. Skaters are asked to lend their skates to our guest trial skaters, if necessary. Once again, all trial skaters may enter a draw for 50% off a new youth membership for the 2012-13 season.

Registration/Skate Fittings:

Registration and Skate Fittings will be held at the Brockville Memorial Centre on Wednesday, August 15 and on Thursday, August 23, 6-8 pm. Registration forms will be emailed to club members and are available on the website. You are encouraged to print, fill out and bring to registration.

Skates will be fitted and assigned on a “first come, first serve” basis at registration..

Registrations must be accompanied by the signed waiver and full payment in order to be considered complete. Payments may be divided into three cheques payable to SLSSC. The first dated no later than Sept 9th, and the others dated Oct 15th and Nov 15th. No skaters will be allowed to participate in ice sessions until complete registration is received. The final due date for returning member registration is August 23rd. Registrations received after this due date will be charged a \$25 late fee.

There will be **no refunds** granted after the start of the regular skating season, September 9th.

Fees:

Youth 1 and Master, 2.25 hr/wk program, \$620

Youth 2 and Competitive, 3.25 hr/wk program, \$790

Fees include a mandatory \$70 equipment fee and \$95 annual OSSA/SSC membership fee

*Please note that the increase in fees is due to an increase in the number of weekend ice sessions combined with higher ice costs.

Family Discount: again this season, the club is offering a discount to families of 3 or more skaters. Pay full fees for the first 2 skaters (highest priced programs) then pay the fixed cost portion \$220 plus ½ the club portion for subsequent skaters.

New skaters may wish to take out a Trial Membership. This allows a skater to borrow club skates and participate in 4 consecutive ice sessions before choosing to continue the remainder of the season. The cost is \$75 which will be deducted from the full membership price if the skater decides to continue for the season.

Interclub memberships are \$225 for the season or \$15 per guest skating session.

Each family is encouraged to register one parent as an OSSA/SSC Associate member. An Associate Membership provides OSSA insurance for the individual who may assist during speed skating ice sessions, adds to our total membership numbers which determines our privileges for OSSA AGM voting, plus adds to the provincial membership numbers which are used by the Provincial Sports Grant distribution centre while assessing the annual funds distributed to the provincial speed skating body. An Associate Member fee is \$20.00

Fundraising:

Each skating family is required to pay a \$100 fundraising fee in addition to your season fees. Families have the opportunity to earn this \$100 back through participation in the Shop & Support gift card fundraising program. Dividends of up to \$100 will be refunded at the end of the season. Any dividends earned in excess of \$100 are a fundraiser for the club. More information will be available at registration.

Website:

Please remember to check the website regularly throughout the season for upcoming meets, changes to skating schedules, meet results, and other pertinent information.

www.stlawrencespeedskatingclub.org

Please feel free to forward this registration package to anyone who may be interested in joining our club. We welcome new members.

Reminders to Parents:

Please bring your children to the rink early so there's enough time to help your child get ready to skate **and** set the mats out on the ice before practice starts. The more quickly mats are put onto the ice, the more ice time your child will have for skating.

Parents of children under 16 years of age are expected to be present at the rink while their child is skating.

A Note regarding CO-ED Change Rooms:

Our change rooms are Co-ed and often used by mixed age groups. Skaters are asked to use appropriate discretion when dressing for skating. Wearing sports shorts and tank tops under skin suits will allow skaters to change in the open without excessive nudity. If you need to change down to undergarments, please use the washroom. This will make our change rooms more comfortable for all our skaters, coaches, and parents.

Skate Sharpening:

All club skates were rockered, bent, and sharpened in preparation for the new season. There will be a sharpening clinic early in the fall. Due to the high demand for sharpening kits, we ask that skates be sharpened at the rink and not taken home. Please do not use club skates on recreational natural ice as cracks and unclean ice are damaging to the blades.

New and Used Skin Suits:

Anyone who has outgrown their skin suit is invited to bring it to registration and the club will resell it for a 10% commission. New skin suit orders will take place in early fall. We need a minimum of 10 orders. Please contact Betty Hogeterp (friese@ripnet.com) if you'd like to order a new suit.

**We look forward to seeing all of you at
registration,
Your 2012-2013 Executive**