



ST.LAWRENCE 'RAPIDS' SPEED SKATING CLUB
2010/2012 REGISTRATION

Welcome to the 2011/2012 Season!

Regular Season Program:

All sessions for all groups will begin on **Thursday, September 8th**. This earlier start will provide training for those skaters preparing for the first competition of the season. The Ottawa Pacers are hosting the first Eastern Regional Ability meet on Saturday, October 1 & Sunday, October 2. Skating sessions will take place on Tuesdays, Thursdays, and Saturdays at the Brockville Memorial Centre.

Coaches: Our coaches for this season are Jennifer Roney, Gerald Ouimette, John Ambrose, Kelly Ball, Iain McCallum, Andrew McCallum, Kim Schonewille, and Jeff LeBlanc.

Skating Schedule:

Tuesday

6-7 pm

Youth 1

7-8:30 pm

Youth 2/Competitive

Thursday

5-6 pm

Youth 2/Masters

6-7 pm

Competitive

Saturday

8-9:15 am

Youth 2/Comp/Master

9:15-10:30 am

Youth 1

New this season

Youth 1 and Masters will no longer lose ice time due to Saturday cancellations. Instead, they will make up their sessions during the preceding week. Masters will make up their missed session on Tuesday. Youth 1 will make up their missed session on Thursday. Watch the website for schedule changes.

Registration/Skate Fittings:

Registration and Skate Fittings will be held at the Brockville Memorial Centre on Sunday, August 28, 12:00-2:00 pm and on Tuesday, August 30, 6-8 pm. Registration forms will be emailed to club members and are available on the website. You are encouraged to print, fill out and bring to registration.

Skates will be fitted and assigned on a “first come, first serve” basis at registration. Skaters can take their skates home with them the same day.

Registrations must be accompanied by the signed waiver and full payment in order to be considered complete. Payments may be divided into three cheques payable to SLSSC. The first dated no later than Sept 8th, and the others dated Oct 15th and Nov 30th. No skaters will be allowed to participate in ice sessions until complete registration is received. The final due date for returning member registration is September 8th. Registrations received after this due date will be charged a \$25 late fee.

There will be **no refunds** granted after the start of the regular skating season, September 8th.

Fees:

Youth 1 and Master, 2 hr/wk program, \$590

Youth 2 and Competitive, 3 hr/wk program, \$700

Fees include a mandatory \$70 equipment fee and \$95 annual OSSA/SSC membership fee

*Please note that the increase in fees is due to the additional 3 weeks of ice at the start of the season combined with higher ice costs. We are excited to offer Youth 1 and Masters groups a 50% increase in their ice time this season.

Family Discount: new this season, the club is offering a discount to families of 3 or more skaters. Pay full fees for the first 2 skaters (highest priced programs) then pay the fixed cost portion \$210 plus ½ the club portion for subsequent skaters.

New skaters may wish to take out a Trial Membership. This allows a skater to borrow club skates and participate in 4 consecutive ice sessions before choosing to continue the remainder of the season. The cost is \$75 which will be deducted from the full membership price.

Interclub memberships are \$225 for the season or \$15 per guest skating session.

Each family is encouraged to register one parent as an OSSA/SSC Associate member. An Associate Membership provides OSSA insurance for the individual who may assist during speed skating ice sessions, adds to our total membership numbers which determines our privileges for OSSA AGM voting, plus adds to the provincial membership numbers which are used by the Provincial Sports Grant distribution centre while assessing the annual funds distributed to the provincial speed skating body. An Associate Member fee is \$25.00

Fundraising:

All members are required to pay a \$100 fundraising fee. This must be paid in addition to your season fees. The fee is only paid once per family. You have the opportunity to earn this \$100 back through participation in the Shop & Support gift card fundraising program. Dividends of up to \$100 will be refunded at the end of the season. Any dividends earned in excess of \$100 are a fundraiser for the club. More information will be available at registration.

SLSSC Demonstration and Community Free Skate Trial Day:

On Saturday, September 10th from 9-10:30 am, in conjunction with National Sports Day, we are hosting a speed skating demonstration followed by a free speed skating trial. Regular practice sessions will take place from 7-8:15 am Masters/Y2/Comp, and 8:15-9:30 Youth 1 on that day to accommodate the trial skate. Community members are invited to come see our speed skaters in action and try out a pair of speed skates themselves. Club members are encouraged to invite friends, family and neighbours to come out for this event in celebration of community recreational sports. Skaters are asked to stay for the community skate and lend their skates to our guest trial skaters, if necessary.

ZT Sports will be at the rink to sell speed skating equipment during the event.

Website:

Please remember to check the website regularly throughout the season for updates on upcoming competitions, changes to skating schedules, meet results, and other pertinent information. www.stlawrencespeedskatingclub.org

Please feel free to forward this registration package to anyone who may be interested in joining our club. We welcome new members.

Reminders to Parents:

Please bring your children to the rink early so that there's enough time to help your child get ready to skate **and** set the mats out on the ice before practice starts. The more quickly mats are put onto the ice, the more ice time your child will have for skating.

Parents of children under 16 years of age are expected to be present at the rink while their child is skating.

A Note regarding CO-ED Change Rooms:

Our change rooms are Co-ed and often used by mixed age groups. Skaters are asked to use appropriate discretion when dressing for skating. Wearing sports shorts and tank tops under skin suits will allow skaters to change in the open without excessive nudity. If you need to change down to undergarments, please use the washroom. This will make our change rooms more comfortable for all our skaters, coaches, and parents.

**We look forward to see all of you at registration,
Your 2011-2012 Executive**